

#### Interdisciplinary healthcare for homebound seniors

Please see the eligibility criteria/intake process below and on the next page if you would like to become a House Calls client.

House Calls provides physician-led interdisciplinary care for frail, homebound seniors or those at risk of becoming homebound. This team provides seniors with comprehensive ongoing primary care, as well as chronic and acute disease management, medication administration, in-home interdisciplinary assessments, ongoing case management, and system navigation. The House Calls program aims to keep people who are medically complex at home. The goal is to prevent ER and hospital admissions and optimize people's safety and ability to remain at home. The team consists of physicians, social workers, occupational therapists, physiotherapists and nurse practitioners, all of whom are supported by team coordinators.

#### **Eligible clients must:**

- 1. Be 65 years of age or older.
- 2. Have difficulty accessing a family physician because of physical, cognitive, or social frailty.
- 3. Have a valid OHIP card.

4. Transfer their primary care from their current family physician or nurse practitioner to the House Calls physician or nurse practitioner.

5. Live in the House Calls catchment area—i.e., have a postal code that begins with one of the following combinations of letters and digits: M4G, M4K, M4N, M4P, M4R, M4S, M4W, M4T, M4V, M4X, M4Y, M5B, M5G, M5M, M5N, M5P, M5R, M5S, M5T, M6E, M6H, M6C, M6G, M6N, M6P, M6R, or M6S.

6. Not live in a retirement residence or long-term care facility. If staying at a reintegration unit, please consider a referral at discharge.

7. Not actively need palliative care at the time of enrollment.

8. Not actively need Complex Continuing Care at home. Must not be actively using mechanical ventilation, tracheostomies, feeding tubes, long-term IV fluids, etc.

9. Not have a current physician/nurse practitioner that makes home visits or is willing to make home visits.

10. Provide consent to participating in our intake process (see next page).

#### A referral to House Calls does not guarantee acceptance. Please refer to the acceptance process on this page and Page 2.

# **House Calls Intake Process**

## Referral

Fax referral form: 416-481-2590 or mail to: House Calls, 130 Merton St., Suite 600,Toronto, ON, M4S 1A4. House Calls referrals are reviewed every Wednesday. All referrals received by Tuesday at 4 p.m. will be reviewed by the House Calls team on Wednesday.

## **Preliminary Assessment**

If a client appears eligible, they will be contacted by a team member to schedule a preliminary assessment. This preliminary assessment typically takes 30 minutes and will be completed by either an occupational therapist, physiotherapist, or a social worker. The purpose of this visit is to determine the client's eligibility.

## **Initial Assessment**

Following the preliminary assessment, the entire House Calls team will review the details of the assessment to determine eligibility. If accepted to the team, the same team member who completed the preliminary assessment will visit to complete an initial assessment. This assessment takes approximately one hour.

## First physician/nurse practitioner visit

Once complete, the physician or nurse practitioner assigned will review the assessment and the patient will be contacted with their initial scheduled visit. You can expect a visit from your new family doctor/nurse practitioner approximately 4-6 weeks from the time of the preliminary assessment. Note:

you can continue to receive care from your previous primary care practitioner until the intake process is complete.



## HOUSE CALLS REFERRAL FORM

Questions? Call 416-481-5099

Interdisciplinary healthcare for homebound seniors

| This form can be faxed or mailed:                        | MAIL:<br>House Calls<br>130 Merton Street<br>Toronto, ON M4S |                          | -2590                                  |
|--|--|--------------------------|--|
| Please complete this form a information or errors may re |  |                          | oletely and correctly. Missing<br>/ou. |
| 1. Check mark the referra                                | I's level of urgency:  |                          |  |
| Routine U  | rgent  | Date of referral:        |  |
|  | I review the reason for t                                    | urgency and triage the r | identified, please explain.            |
| First name:  | L  | ast name:                |  |
| Preferred  |  | Date of<br>Birth:        |  |
| name:<br>Gender:   |  | Mo                       | nth Day Year                           |
| Address:   |  |                          | City:                                  |
| Province:  | Postal<br>Code:  | Phone numbe              | r:                                     |
| OHIP Num   | ber and Version Code:  |                          | OHIP Card Expiry Date:                 |
|  |  |                          |  |

#### 3. Provide information about the person completing this form:

| Name:   | Contact number:  |
|---|--|
| Email:  | Fax:   |
| Self Image: Self   Family physician or nurse practitioner Image: Self   Family/caregiver/friend Image: Self   | LHIN/Ontario Health atHome<br>Community support service agency<br>Hospital Dept: |
| Please attach recent consults and/or discharge sur  | nmaries, if available.   |
| 4. Client Eligibility:  |  |
| Has the client been informed about their referral to<br>Does the client understand that if accepted to Hous<br>will need to transfer their primary care from their cu<br>physician or nurse practitioner? | e Calls, they Yes No   |
| Does the client consent to transfer their care to Hou   | use Calls? Yes No  |
| Is the client 65 years of age or older?   | Yes No   |
| Does the client live in the catchment area M4G, M4<br>M4R, M4S, M4W, M4T, M4V, M4X, M4Y, M5B, M5G<br>M5N, M5P, M5R, M5S, M5T, M6E, M6H, M6C, M6G<br>M6P, M6R or M6S?                                      | G, M5M,  |
| Please identify the closest intersection to the client's home:  |  |
| What is the client's primary<br>diagnosis? Please provide a<br>brief medical history:   |  |

Does the client have difficulty accessing a family physician or nurse practitioner because of physical, cognitive and psychiatric impairments?

Yes

Continued on next page

No

If you answered "yes" to the previous question, check mark the impairments that apply and explain:

| Physical  |                   |
|---|-------------------|
| Cognitive/<br>Psychiatric   |                   |
| Social  |                   |
| Safety risks (eg. Pe<br>communicable dise<br>physical aggression<br>clutter, building haz | ises,<br>smoking, |

Where patient care needs exceed the scope of home-based primary care, complex continuing care may be a more appropriate care option. The House Calls team does not accept patients that are actively using mechanical ventilation, tracheotomies, feeding tubes, long-term IV fluids, etc. We do not accept patients that are actively in need of palliative care at the time of enrollment.

|  | • • • • • • • • • • • • • • • |                | • • • • • • • |           |
|--|-------------------------------|----------------|---------------|-----------|
| 5. Client Information:   |                               |                |               |           |
| Has the client visited the hospital (ED or othe  | ?                             | Yes            | No No         |           |
| Has the client fallen within the previous 3 months?  |                               |                | Yes           | No        |
| Does the client have a family physician or nurse practitioner?                             |                               |                | Yes           | No No     |
| If yes above, does this physician or nurse practitioner provide house calls?               |                               |                | Yes           | No        |
| If the client has a family physician or nurse pr   | actitioner, please provide t  | heir informati | on:           |           |
| Name:  | Phone number:                 |                |               |           |
| Has the client visited their family physician/nurse practitioner within the last 3 months? |                               | [              | Yes           | No        |
| 6. Social Information:   |                               |                |               |           |
| Marital status:  | Languages spoken:             |                |               |           |
|  |                               | Co             | ntinued on    | nevt nere |

Continued on next page

| Does the client live alone? Yes No   |
|--|
| Details:   |
| Does the client use assistive<br>levices such as a walker,<br>vheelchair, etc.?                      Yes                 |
| Details:   |
| . Is the Ontario Health atHome (formally HCCSS, LHIN, CCAC, Home Care) Yes No  |
| you check marked "Yes" above, please provide further information:  |
| lame of Care Phone Coordinator:  |
| rovide details on LHIN<br>ervices that the client is<br>urrently receiving, including<br>umber of hours/visits per week: |
|  |
| . Can we contact the client directly?  |
| you check marked No, above, please provide information about the client's contact person:                                |
| ame: Phone number:   |
| Relationship<br>o client:  |

PLEASE COMPLETE THIS FORM AND FAX IT TO 416-481-2590 OR MAIL IT TO: HOUSE CALLS, 130 MERTON ST., SUITE 600, TORONTO, ON, M4S 1A4



A referral to House Calls does not guarantee acceptance. Please refer to the first and second pages of this form for the acceptance process.